

*Navigating differences...
Success realized...*

WHO WE ARE

Brendan Sailing has been building self-esteem and increasing self-confidence in youth with Learning Differences for over 35 years through our youth sailing programs. We developed the Brendan Approach training to give sailing instructors the tools needed to improve their delivery of sailing curriculum. The half-day workshop includes classroom presentations, breakout sessions and attendee participating in problem solving and role playing. Instructors will receive a certificate of training upon completion.

*ensuring all your students have the
experience you envision for them...*

HALF-DAY IN-PERSON WORKSHOP AGENDA


- Welcome, purpose, overview
- An introduction to learning differences
- How learning differences manifest in class and social settings
- Methods and tools for working with learning differences
- Communication skills and learning differences
- Practice labs: instruction, demonstration and coaching
- Debrief and wrap up

THE BRENDAN APPROACH



*Using Sailing to Improve
Self-Esteem for Better
Outcomes*



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THE CHALLENGE...



About 2.3 million students across the nation are diagnosed with a learning difference.

One in five children are on the Autism Spectrum.

You are likely to have these students in your class. Typical instructional approaches may not work for those with learning differences.

Chances are these students may not be reaching their potential. The Brendan Approach can help.



@brendanapproach
@brendansailing



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more info!

THE APPROACH...

The Brendan Approach is a unique and proven approach for teaching students with learning differences how to sail. It is an experiential instruction method based on 35 years of experience that champions hands-on learning while building personal connections and habits of success. The result is increased self-confidence and self-esteem in students -- areas that tend to be severely lacking in people with learning differences.



The Brendan Approach uses models or objects as “manipulatives”. Manipulatives are used as a tactile learning tool to teach a new concept. Kinesthetic learners with strengths in spatial thinking can build on those pathways with the use of manipulatives. They are used in an intermediate step between the chalk talk and the land drill.

During the Brendan Approach training, participants create manipulatives to teach an assigned sailing topic. When the group comes back together, the manipulatives are demonstrated, used and evaluated.



THE OUTCOMES...

As a result of this workshop, instructors will be able to:

- Identify a range of learning differences that are common
- Identify the manifestation of learning differences in their students
- Adapt their teaching methods for students' individual learning differences
- Use a variety of instructional and communication techniques to more effectively work with students who learn differently
- Maximize the learning for all children and especially those with learning differences

**TO SCHEDULE A
BRENDAN APPROACH
TRAINING AT YOUR
FACILITY:**

Contact Jane Millman
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